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Hello everyone,
I love the Westside!!
I have lived here for over 15 years and my family has grown up here. I also coach in the area and have built my mobile massage and exercise business around the community and it's never ending support. I wanted to try and help the small businesses and the

residents alike with a little coupon book that everyone can use to save a few bucks.

Please use this to continue to support the local businesses that depend on us to live and thrive in this market.

Remember that we depend on each other, like an extended family.

Thank you all for participating!

Mike Stone, local dad, coach and community lover.



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403.714.3746
fitinyyc.com

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